The General Linear Model – ANOVA Part 1 (Video 2)

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The Packages

There is a built in ANOVA function in R, called aov(), but you shouldn't use it - it's not easy to build models for repeated measures design, and the default is to use Type I Sums of Squares in the model output. This can make things tricky when you have factorial designs with interactions.

library(tidyverse) #load the tidyverse packages

library(afex) #load afex for running ANOVA

library(emmeans) #load emmeans for running pairwise comparisons

Example ANOVA

We have 45 participants in a between participants design where we are interested in the effect of beverage consumed on ability on a motor task. Our experimental factor (beverage type) has 3 levels. These are Water vs. Single Espresso vs. Double Espresso, and Ability is our DV measured on a continuous scale.

my_data <read_csv("<u>https://raw.githubusercontent.com/ajstewartlang/11_glm_anova_pt1/mas
ter/data/cond.csv</u>")

Example ANOVA

head(my_data)

#	A tibble: 6	х З		
	Participant	Condition	Ability	
	<dbl></dbl>	<chr></chr>	<dbl></dbl>	
1	1	Water	4.82	
2	2	Water	5.41	
3	3	Water	5.73	
4	4	Water	4.36	
5	5	Water	5.47	
6	6	Water	5.50	

We need to ensure that R recognises that our Condition variable is a factor so let's change that.

Tidying our Data

```
my_data_tidied <- my_data %>%
  mutate(Condition = factor(Condition))
head(my_data_tidied)
```

#	A tibble: 6	х З		
	Participant	Condition	Ability	
	<dbl></dbl>	<fct></fct>	<dbl></dbl>	
1	1	Water	4.82	
2	2	Water	5.41	
3	3	Water	5.73	
4	4	Water	4.36	
5	5	Water	5.47	
6	6	Water	5.50	

Summarising our Data

```
my_data_tidied %>%
group_by(Condition) %>%
summarise(mean = mean(Ability), sd = sd(Ability))
```

A tibble: 3 x 3 Condition mean sd <fct> <dbl> <dbl> 1 Double Espresso 8.89 0.467 2 Single Espresso 6.99 0.419 3 Water 5.17 0.362

Visualising our Data

```
my_data_tidied %>%
ggplot(aes(x = Condition, y = Ability,
colour = Condition)) +
geom_violin() +
geom_jitter(width = .1) +
guides(colour = FALSE) +
stat_summary(fun.data = "mean_cl_boot",
colour = "black") +
theme(text = element_text(size = 13)) +
theme_minimal()
```



Modelling our Data

model <- aov 4 (Ability ~ Condition + (1 | Participant), data = my data tidied)

summary(model)

```
Anova Table (Type 3 tests)
```

Response: Ability num Df den Df MSE F ges Pr(>F) Condition 2 42 0.17484 297.05 0.93397 < 2.2e-16 *** ---Signif. codes: 0 `***' 0.001 `**' 0.01 `*' 0.05 `.' 0.1 ` ' 1

Our Effect Size Measure

The effect size is measured by ges which stands for generalised effect size or generalised eta squared. For designs with more than one factor it can be a useful indicator of how much variance in the dependent variable can be explained by each factor (plus any interactions between factors).

```
Anova Table (Type 3 tests)

Response: Ability

num Df den Df MSE F ges Pr(>F)

Condition 2 42 0.17484 297.05 0.93397 < 2.2e-16 ***

---

Signif. codes: 0 `***' 0.001 `**' 0.01 `*' 0.05 `.' 0.1 ` ' 1
```

Interpreting our Model

To determine what's driving the effect we can use emmeans::emmeans() to run pairwise comparisons (note, default is Tukey correction).

emmeans(model, pairwise ~ Condition)											
Şemmeans											
Condition	emmean	SE	df	lower.CL	upper.CL	ı					
Double Espresso	8.89	0.108	42	8.67	9.10						
Single Espresso	6.99	0.108	42	6.77	7.20						
Water	5.17	0.108	42	4.95	5.38						
Confidence level used: 0.95											
\$contrasts											
contrast	estimat	e SE	df t.rati	o p.value							
Double Espresso - Single Espresso				1.90	0.153 4	2 12.453	<.0001				
Double Espresso	- Water			3.72	2 0.153 4	2 24.372	<.0001				
Single Espresso	- Water			1.82	2 0.153 4	2 11.920	<.0001				

P value adjustment: tukey method for comparing a family of 3 estimates

Interpreting our Model

We found a significant effect of Beverage type (F (2,42) = 297.05, p < .001, generalised η^2 = .93). Tukey comparisons revealed that the Water group performed significantly worse than the Single Espresso Group (*p* < .001), that the Water group performed significantly worse than the Double Espresso Group (*p* < .001), and that the Single Espresso Group performed significantly worse than the Single Espresso Group (*p* < .001).

In other words, drinking some coffee improves motor performance relative to drinking water, and drinking a lot of coffee improves motor performance even more.